

GOLDEN YEARS

FREE CARE for the ageing in and around our community



THANI-OLADUNJOYE OLDER PEOPLE
CARE CENTRE (TOOPCC)

...wellness for the ageing

A Journey Of
Hope,
Wellness and
Happiness





THANI-OLADUNJOYE OLDER PEOPLE
CARE CENTRE (TOOPCC), EPE

...wellness for the ageing

Founded in 2022

GOLDEN YEARS

FREE CARE for the ageing in and around our community



C O N T E N T S

THE BIRTH

The Unsung Hero

ACHIEVEMENTS

COMMUNITY IMPACT

NUMBERS AT A GLANCE

1. NUMBERS OF ELDERLY SERVED

2. SUCCESSFUL MEDICAL INTERVENTIONS

COMMUNITY ENGAGEMENTS

1. EVENTS HOSTED,

2. WORKSHOPS CONDUCTED, AND

3. COMMUNITY PARTNERSHIPS.

GRATITUDE- Support and Contributions

OUR FUTURE GOALS

REGOGNITION

ACCREDITATION

CONTACT INFORMATION



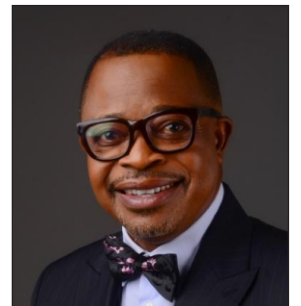
On January 6, 2022, a visionary dream was birthed with the noble goal of providing free geriatric healthcare in order to give succor and ensure the overall wellbeing to the ageing people in our community.

This ongoing initiative, rooted in a commitment to compassionate care, aims to provide companionship and bring meaning to the lives of the ageing, countering the isolation and pains that often accompanies aging.

In the past two years, over 2,000 elderly individuals in our community have benefited from this altruistic effort, showcasing the transformative power of benevolence. These cares include Free diagnostic and consultation, treatment of age-related ailments that include Hypertension, Diabetes Mellitus, Arthritis, Nutritional Deficiencies, Infections, Eye, Malaria Fever, Pains. Our services also include Counselling, Recreational & Socialization, Physiotherapy, Eye care & corrective surgery and their general wellbeing.

Inspired by these successes, we are driven to expand our reach and amplify our positive influence.

Looking ahead, we envision a future where our impact on the total well-being of the ageing is even more profound. The initial seed of compassion plated on that January day has grown into a resilient tree of benevolence, motivating us to continue fostering a community where the aged amongst us are cherished members of a compassionate and interconnected society.



Mr. Tunde Thani



Commissioning



Official ribbon cutting of the centre



Commissioning of the Ambulance



Commissioning of the Ambulance



Official ribbon cutting of the centre



Senator Musiliu Obanikoro



Mr. Derick Osondu
Marketing Manager GreenLife Pharmaceuticals



HRM Oba Olufolarin Ogunsanwo
Alara of Ilara

HRM Oba Shefiu Olatunji Adewale
Bamgbopa Ehinlokun 1
Olu-Epe of Epe Kingdom



HRM Oba Olufolarin Ogunsanwo



Hon. Abiodun Tobun



Otunba T. J. Abass



Mr. Tunde Thani



Mrs. Bola Thani



Attendees



Attendees



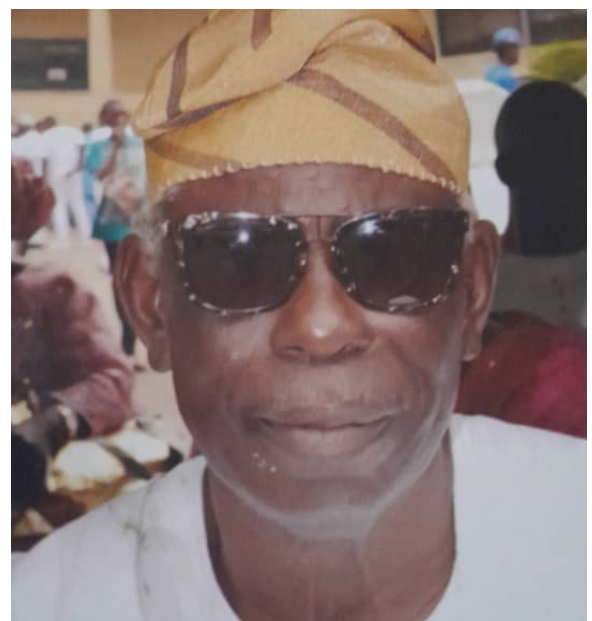
Hon. Princess Surah Olayemi Animashaun
Executive Chairman Epe LGA



Hon. Princess Aderemi Adebawale
Special Adviser to the Governor on Civic Engagement



Chief Moshood Ademola Thani
Head of the Family



Chief Akanni Adio Oduola
Mogaji Ngeri of Epe



Pastor Dele Jayeoba
Regional Pastor RCCG Region 36



Khalifah Dayanbiu Onileyan
Imam Popooba Mosque Epe



Mrs. Bola Thani, Mr. Tunde Thani & Sen. Musiliu Obanikoro



Cross-Section of Elderlies present

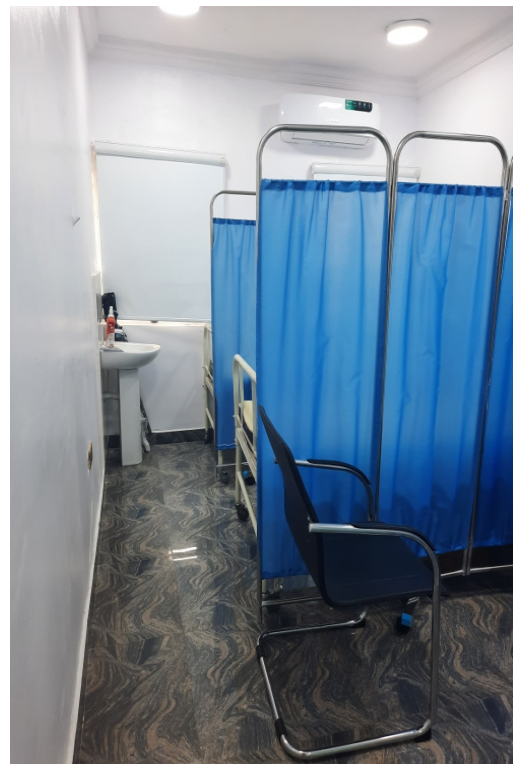


Epe Professional Women Association (EPWA)

FACILITY



RECOVERY/NUSING ROOM



RECREATION ROOM



CONSULTING ROOM



BOARD ROOM



RESTING ROOM



ADMINISTRATIVE OFFICE



LOUNGE FOR RECREATION



WALK WAY



POWER PLANT



“

Celebrate old age,
not everyone makes
it this far.

”





OUR
ORIGIN



He was born in Epe on the 31st of August 1902, to Mr. Sanni Adedeji Oladunjoye and Madam Seliat Sanni Oladunjoye – (Nee Buraimoh Olukotun).

Pa Muhammed Nurudeen Alao Thani, also popularly known as Nurudeen Oladunjoye, cut a niche for himself as a scholar, teacher, civil servant, politician and a great philanthropist. He attended the Muslim School Epe, the first and only school in town, where Sanni was pronounced as Thani. He was said to be one of the best students.

The Unsung Hero

Pa Nurudeen Alao Thani

Pa Thani started teaching in the school after his education there. He left to start work at the Forestry Department, where he became one of the first indigenous Rangers of Lagos origins. He touched the lives of the old and young and as a mark of respect, many named their children after him.

He contributed notably, to the social and political developments of Epe. He was the Local Chairman of National Emancipation League, the party that fielded Late Chief Alhaji Nasiru Egberongbe, as its candidate for Epe Federal constituency in the 1959 General Election.

He was once Vice chairman of Executive Committee of the 1st Epe Central Mosque Oke Balogun and among the founding fathers of Popooba Central Mosque Epe.

On the 3rd of September 1994 he passed away, leaving a momentous legacy, touching and impacting the lives of many in the Epe community and beyond.



1. Vital Checks
2. Early Morning Exercise
3. Health Education
4. Breakfast
5. Consultations: For the diagnosis and treatment of ailments like Malaria, Diabetes, Arthritis, Hypertension, Pains etc.
6. Eye Care: Consultancy, Medications
7. Surgical Interventions: Free Cataract Surgery, After Surgery Care.
8. Physiotherapy Treatment
9. Leisure and Game Facility
10. Excursions
11. Welfare Interventions



A Day at the Centre



Vital Checks



Early Morning Exercise



Health Education



Breakfast





Eye Care

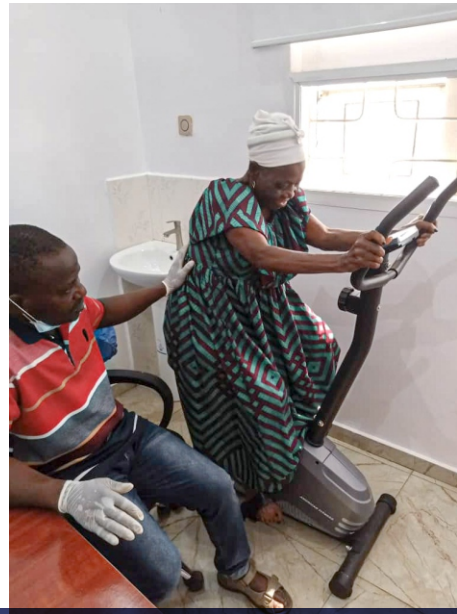


“

Aging is not
'lost youth'
but a new stage of
opportunity and
strength.

”





Physiotherapy



“

The longer I live,
the more beautiful
life becomes.

”



Leisure and Game Facility





Pharmacy





Interventions



EYE SURGERY

EYE SURGERY





EYE SURGERY



WHEEL CHAIR



WALKING AID



WALKING AID



FREE GLASSES



PALLIATIVES



LUFASI PARK



Excursion







ACHIEVEMENTS

Our effort delivers pertinent free medication and weekly health checks to over 2,000 elderly persons. We also provide arts & craft training, physical therapy sessions, walking aids and cataract surgery for free. In addition, cater to social interaction programs, like trips for leisure, excursions and engaging games that foster bonding among the elderly under our care.

We have in the past 2 years marked the International Day for the Elderly with health walk raising awareness for the event, health talk and provision of food items for the elderly in attendance.

Numbers at a Glance:

Over 500 walking aids provided

Over 2,000 elderlies are benefitting from the provision of:

Free medication

Free regular health checks

Free physiotherapy clinic

Provision of free visual aid - Over 200 glasses given

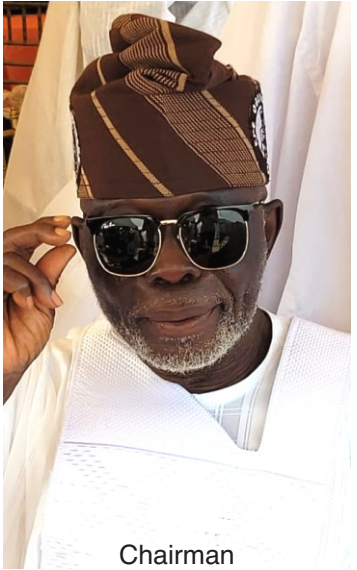
Successful medical interventions | cataracts surgery (over 250) etc.



Celebrating United Nations Day for the Ageing



Elders in Council



Chairman
Otunba Dengel Anifowose



Staffs of TOOPC





PARTNER THANI-OLADUNJOYE OLDER PEOPLE CARE CENTER (TOOPCC)- OKE OYINBO EPE LAGOS NIGERIA

.Age Nigeria Foundation is a Non Governmental, Community Based Organisation with the basic aim of raising resources for older persons and provide relief for them in Nigeria through various interventions.

We represent the needs of over 14 million older persons in Nigeria, encouraging them to have their voice heard and advocates for the full enjoyment of all rights of older persons from government at all levels. This will make it possible for older persons to make impact in their communities and the nation at large.

Age Nigeria helps older persons and family members to overcome challenge of ageing, we empower older persons, showing them the way to live with dignity in older age. Our major programmes include; Health and wellbeing, Social Care and Support, Capacity Training and Workshop, Income Security and Empowerment, Resiliemce Building and Advocacy, Equal Health and Community Care, Elders Justice and Food Bank for Older Persons.

Age Nigeria Foundation is in thematic partnership with Thani Oladunjoye Older Persons Care Home. The collaboration has brought tremendous impact toward a vibrant and healthy older persons in Epe division of Lagos State where they now enjoy the best of health and care services, social care and protection, Long Term Care LTC, monthly workshop and training to maintain independence and dignity, regular access to treatment and prevention from CDs, access to quality drugs (hallmark of TOOPCC), Refreshment and hot meals at the centre, access to Psychotherapy Modern Equipment and Exercise, Older People's Tour, Free Eye Surgery for Cataracts and Assistive Technology and Devices.

Thani Oladunjoye Older Persons Care Center provides Universal Health and Care Services that fits older persons in our society, improving the healthy longevity of older persons in Epe Division of Lagos State and beyond.

For us to sustain the state-of-the-art health and care facility at THANI Oladunjoye Older Persons Care Center for the benefit of older persons now and in future, there is need for individuals, private and public organisations to donate on monthly basis to the Center for her to provide more humanitarians services and intervention for the wellbeing and quality of lives of older persons in Epe divisions.

Oludare and Oluwayemisi Oluwole

Chairman and President
Age Nigeria Foundation



Gratitude

SUPPORT AND CONTRIBUTIONS:

Our deep appreciation go to the amazing people and organizations with godly hearts who have supported us and continue to support us

These are too numerous to be listed here. However, we shall endeavor to highlight a few.



His Excellency
**Mr. Akinwunmi
Ambode**

Former Executive Governor of
Lagos State

He gave the center a 28-seater
Toyota Coaster Bus to ease
transportation of the elders.
The bus has come in handy for trips
to cataract surgery sessions for social
outings, outreaches, interventions,
excursions e.t.c





Chief Obiora Chukwuka

Chairman
Greenlife Pharmaceuticals Limited



Mr. Peter Nwosu

Managing Director
Greenlife Pharmaceuticals Limited

for donating a well-equipped ambulance to the center, and providing regular medications periodically, FREE for the purpose of geriatric care.

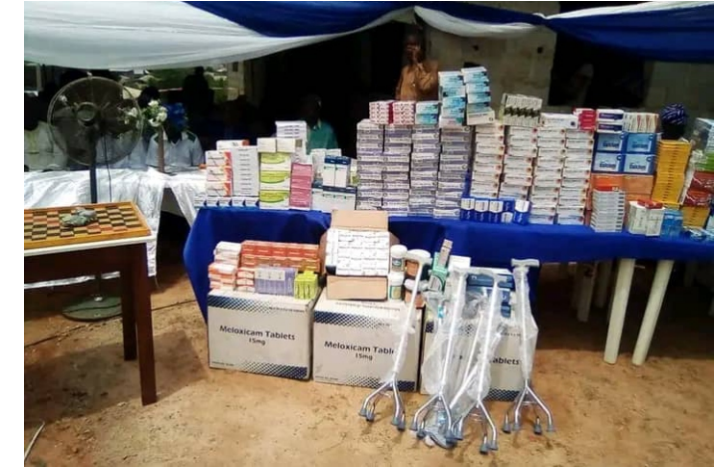




Honorable Abiodun Tobun

Lagos State House of Assembly
Epe Constituency1

who made donations at the commissioning of the center. More so rewarding is that, instead of throwing a lavish party to mark his 60th birthday, he generously choose to celebrate with the elders. He donated valuable medication and entertained over 400 elders with food, drinks and raw rice and clothing.

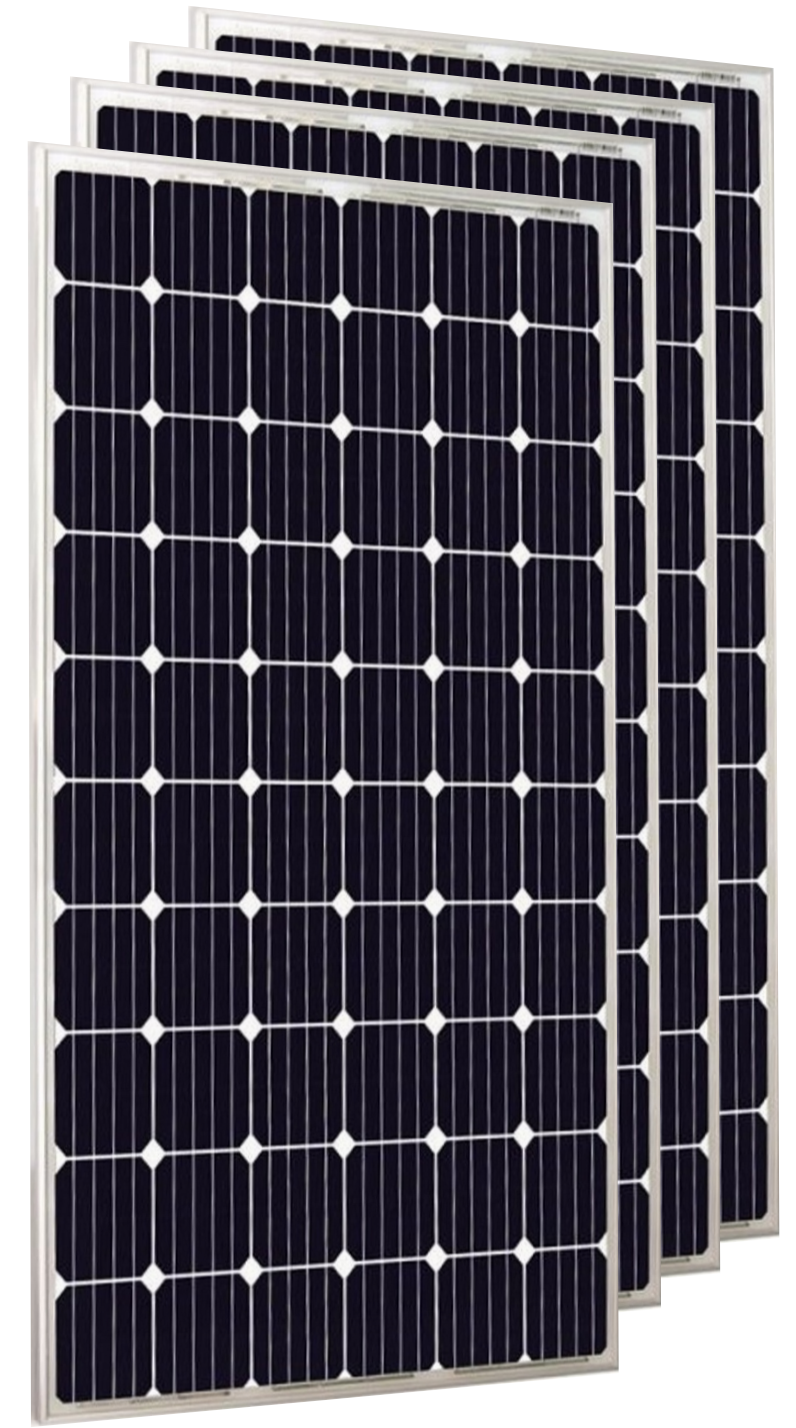




CP Tunji Disu

The Rivers State
Commissioner of Police

who sponsored solar power
panels and inverters to power
the entire center.



Support & Contributions

CONTRIBUTIONS:

Suffice to mention the donations, contributions and support from conception up until now. These amazing people made personal pledges to support the center monthly ranging from 50,000 upwards

It is noteworthy to mention our community support system that strengthens us:

- The Olu-Epe of Epe- Oba Shefiu Olatunji Adewale
- Oloja of Epe – Oba Kamorudeen Ishola Animashawun
- The Alara of Ilara – Oba Olufolarin Ogunsanwo
- Barr. Oladipupo Awe
- The Staff of Explicit Communications Limited
- The Ivory League Of Progress
- Epe Women's Association (EPWA)
- The Thani-Oladunjoye Family
- The Olukotun Family
- Chief Adio Oduola family
- The Ayeni of Afin Homes & Properties Ltd.
- Olaleye Idowu Kazeem
- Association of Advertising Agencies of Nigeria (AAAN)
- Eddy Ademosu
- Mr Rafiu Willimas

Group Presentation in Pictures

- Capt. Adeniyi Ademiju
- Lanpets Nig Ltd
- Ibiyinka Wasiu Thani
- Ekundayo Lawrence Olugbega
- Chief Arebi Adeleke Fariu
- Mr. Adamson Peter
- Mr. Ndubisi Emmanuel Nneji
- Mr. Joseph Alabi
- Otunba Rotimi Paseda
- Mr Shina Adebari
- Late Abayomi Adamo
- Fairday Management International



Covenant Child Academy



Olubuaola Taiwo care foundation donations



Epe Professional Women Association (EPWA)



Epe LGA Corp Members



Eko Club International

Group Presentation in Pictures

Individual Contributors in Pictures



Great Summit Club



Sir Michael Otedola Family



Ivory League of Progress



Pastor Mrs. Bolanle Thani



Pastor & Pastor (Mrs) Anthony Oliha



Otunba T.J. Abass



Pastor Dele Jayeoba



Sen. Musiliu Obanikoro

Individual Contributors in Pictures



Alhaja Toyin Shashi



Capt. Adeniyi Ademiju



Prince Rotimi Paseda



Mr Wasiu Ibiyinka Thanni



Barr. Oladipupo Awe



Mr. Mobolaji Alalade

Our Future Goals

VISION FOR THE 2ND PHASE OF THANI-OLADUNJOYE OLDER PEOPLE'S CARE CENTER

Background:

The Thani-Oladunjoye Older People's Care Center has been dedicated to providing holistic care and support for senior citizens, ensuring their physical, mental, and social well-being. As we embark on the second phase of our operations, we envision expanding our services and programs to enhance the quality of life for the elderly residents we serve. This comprehensive write-up outlines our vision for this exciting new phase.

Physical Wellness:

a. Further Equipping Our Physiotherapy Center: Recognizing the importance of physical health, we have a physiotherapy center and aim to further expand the amenities available. This center will offer tailored exercise programs, mobility aids, and rehabilitation services to help our seniors maintain their strength, mobility, flexibility, and independence.

b. Regular Exercise Classes: We will introduce a variety of exercise classes such as stretching, and low-impact aerobics to cater to different fitness levels and preferences.

c. Nutritional Support: Collaboration with nutritionists and dieticians to provide personalized meal plans and dietary guidance to promote healthy eating habits among the our elders.

Mental Wellness:

a. Arts and Craft Center: Creativity has been shown to have therapeutic benefits for mental well-being. We will establish an arts and craft center where seniors can engage in various creative activities such as weaving, hair plaiting, pottery, mat weaving e.t.c.

b. Screening of Old Classic Movies and Soap Operas: Organizing regular screenings of old classic movies and soap operas (i.e Feyekogbon, Baba Sala, Hebert Ogunde, Village Headmaster, New Masquerade, Things Fall Apart. e.t.c..) to evoke nostalgia, stimulate cognitive function, and provide opportunities for social interaction.

c. Cognitive Stimulating Games: Introducing more board games, puzzles, to challenge cognitive abilities, foster mental agility, and promote social engagement among residents.

Social Wellness:

a. Establishment of a Food Bank: We will to establish a food bank within the care center while identifying the most vulnerable elders within our care and meeting their much-needed food needs. We intend to partner with local organizations, businesses and well-meaning donors in ensuring the sustainability germane endeavor. This initiative aims to provide nutritious food items to elderly residents who may be facing food insecurity.

b. Game Shows and Competitions: Organizing friendly game shows and competitions such as tournament nights, talent shows, and fashion contests to promote camaraderie, teamwork, and a sense of community.

c. Elder of the Month Program: Instituting an Elder of the Month program to recognize and celebrate the achievements, contributions, and milestones of individual elders in the center. We will award this to the most deserving elder, based on participation, active involvement in activities and all-round congeniality. This program will be accompanied by monthly prizes wall mounted picture celebrating the chosen elder.

d. Monthly Birthday Celebrations & Presents: We will celebrate our elders on their birthdays and afford them and their loved ones the platform to celebrate with them on this special day. We will provide gifts, refreshment and proper ambiance to mark their day. We will also implore other elders at the center to contribute by giving gifts and taking pictures with the celebrant.

Additional Offerings:

a. More Excursions: Increasing the frequency of excursions and outings to parks, museums, cultural events, and other places of interest to provide opportunities for recreation, socialization, and exploration.

b. Holistic Wellness Workshops: Hosting workshops and seminars on topics such as mindfulness, stress management, financial planning, and healthy aging to empower seniors with knowledge and skills for overall well-being.

Conclusion:

The 2nd phase of Thani-Oladunjoye Older People's Care Center operations is driven by a commitment to enriching the lives of our elderly residents by prioritizing physical, mental, and social wellness. Through the establishment of new facilities, programs, and initiatives, we aim to create a vibrant and supportive environment where seniors can thrive, connect, and enjoy fulfilling experiences in their golden years.

HOW TO SUPPORT

FINANCIALLY:

Account Name: Thani-Oladunjoye Old People Care Centre
Account Number: 1024745797
Bank: UBA

MEDICAL SUPPLIES

Geriatric Medications

Anti- hypertensive: Amlodipine, Lisinopril, bonduretic.

Anti diabetic drugs: Metformin or Glucophage, and Diamicron.

Arthritis: Meloxicam, orphensic, arthrotec, celebrex, cocodamol and pregabaline.

Antibiotics: Cefroxime, Amoxicillin and Erythromycin or Azythromycine and Co-amoxiclav.

Anti-malaria: Any ACT for adults.

Eye preparatory (drop): prevacet, duosopt, prostan, mydracine, moxifloxacin, ofloxacin, sodicrom, torolac, hypromellos, timolol, eye ant-oxidant tab.

Multi- vitamins syr.

FOOD ITEMS

Rice Beans Yam Garri Semovita Spaghetti
Provisions - Beverages

TOILETRIES

Soaps Air-freshner Hand-wash Tissue Paper
Disinfectant etc

